



5K Fun Run

Show your bravery
by running, walking
or strutting
through the cold
winter air.

This "unbearable" event is a unique opportunity to show your bravery as you support local Special Olympics athletes by running, walking or "strutting" in the frigid winter streets. Proceeds benefit Special Olympics Missouri. SOMO exists to provide year-round sports and training opportunities for individuals with intellectual disabilities.

- **Date:** Saturday, February 23rd
- **Time:** 8:30 a.m.
(Registration opens at 7:30 am)
- **Location:** Grand Glaize Beach – MO State Park
(Osage Beach, MO 65065)
- **How:** Participants must raise a minimum of \$50 each by event day. Go to www.somo.org/plunge and click on the Lake of the Ozarks Strut event to register
- **Contact Info:** Kami Delameter – delameter@somo.org or 913-789-0336

The Polar Bear Strut is a project of the Law Enforcement Torch Run(R) for Special Olympics Missouri. Osage Beach Police Department is proud to host this event.